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EVERSDAL GYMNASTICS GIMNASTIEK

Dear Parents & Guardians & Family,

As we are one of the few clubs that allow parents to view/spectate the training of your gymnast, please read the following terms and conditions regarding this allowance and we please ask your cooperation.

INSIDE THE TRAINING VENUE

- **Parents/Guardians of gymnasts Level 0 and up are NOT allowed to sit inside the training area – this is the area in front of the downstairs work/viewing counter.**
  You will be asked to move.

EXCEPTIONS:

- **Only parents/guardians of gymnasts in the Gym Animals / Pre-Gym classes, are allowed inside the training area of the venue, during the above-mentioned session**, due to the need for parents to be of assistance to the little kids, as our coaches cannot leave their stations during practice.
- The parents of gymnasts who are doing their first ever session (trial session) are allowed to watch from the inside at the allocated seats, if provided with permission from reception.
- Elderly persons who have mobility issues who cannot go up the stairs will also be permitted to sit on the inside, provided we have given personal permission.

Upstairs

- Parents/Guardians/Family members to please only sit in the allocated areas upstairs.
- Please do not sit or stand at/on the stairs.
- Please do not stand inside the doorways to the training area.
- Parents/Guardians may sit downstairs at the desks should they wish to do some work, or kids to do homework while siblings train etc. We have WIFI – just ask for the password at reception.
- Parents are please asked to not “coach” or shout from viewing areas or call your child during practice. A gymnast distracted while on an apparatus poses great risks of injury.
- Seating is on a first come first serve basis.
- Please do keep an eye on your small children – no playing on apparatus or running around, as this poses a safety risk.

Tuckshop counter

- Please do not lean or stand against the tuckshop counter. When the tuckshop is closed, the alarm beams are activated.

We would like to make it as comfortable for our parents, so we please ask your cooperation in this matter, as this allows us to have control of who is where inside the gymnastics venue at a set time.

Kind Regards,

The Eversdal Gymnastics Team