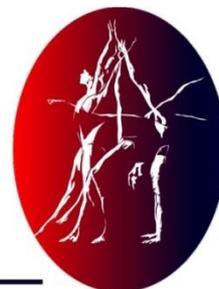

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**EVERSDAL
GYMNASTICS
GIMNASTIEK**



Dear Parents,

Communication has been received from Gymnastics South Africa regarding the announcement of Alert Level 4 of the Covid 19 Pandemic, announced by the President of South Africa on 27 June 2021 and the subsequent regulations issued in terms of the Disaster Management Act.

Regulations 17 to 20 deals with sporting activities. In terms of the regulations, sporting activities by “recognized sporting bodies are allowed, subject to strict adherence to the times of operation” The regulations further specify that no spectators are allowed and that the owner or operator of a sports facility must ensure compliance with the prohibition on spectators. The regulations allowing us to continue operating could change at any time, especially if we don’t play our part to curb the spread of the virus.

We would like to remind parents and gymnasts to adhere to the strict regulations and protocol under Level 4:

1. Gymnasts to wear masks at all times, even during training. Exceptions for vigorous training will be made only if social distancing is maintained of no less than 3m.
2. No spotting may happen unless absolutely necessary for safety purposes.
3. Masks to be worn properly (covering the mouth and nose) at all times.
4. Gymnasts, coaches and parents to keep a distance of 1.5m at all times.
5. Do not bring your child to practice if they are experiencing any symptoms or feeling ill.
6. Available spots in classes will be reduced to adhere to limit inside the training venue.
7. Gymnasts should refrain from arriving very early for their session – we will deny entry until 20min before their session.
8. Pre-Gym / Gym Animals (3-5 year olds classes) - only 1 parent per child permitted inside with your child. Additional family members to remain outside or in the car.
9. Level 5+ WAG & MAG will train until 19:50, for us to be closed by 20:00.
10. Make sure you have booked, we will not accept walk-ins or late bookings.
11. We have and will still take these protocols very seriously.
12. **PLEASE cancel your bookings if you are not going to attend. We have reduced the limit of gymnasts that can attend to adhere to the regulations set out by GSA. We will have to impose a penalty for not showing up to your session if you have not cancelled. You can cancel by going onto the booking site, select the session that you booked, click on view RSVP and update your booking from going to not going. This can be done before 12pm each day of the booking and 7am on a Saturday. Should you need to cancel after the above times, you can message Rousseau via WhatsApp on 0610076982 to cancel.**

While gyms and fitness centres remain closed, these are public access facilities and do not apply to the industry of sport specifically, however, clubs are requested by CTGA Executive Committee, to monitor and restrict access at gymnasia regarding access by parents and other non-club members.

We would like to create a safe space for our gymnasts to train and to be able to keep open the sport of gymnastics.

We appreciate your cooperation and understanding in this matter.

Kind Regards,

The Eversdal Gymnastics Team